



CHANGE MAKER PROJECTS

Africa and Latin America

Funding Cycle: December 2023
– December 2024



The Changemaker Projects is being organized by Life for a Child, a program of Diabetes Australia. Life for a Child is working to improve the lives of young people in low-and-middle-income countries.

The **Changemaker Projects** will provide funding and support for advocacy projects aiming to positively impact people living with diabetes in the following countries:

Africa:

Burkina Faso, Burundi, Djibouti, Ethiopia, Ghana, Kenya, Liberia, Mauritania, Nigeria, Madagascar, Mali, Republic of Congo, Sierra Leone, Tanzania, Togo, Uganda, and Zimbabwe.

Latin America:

Bolivia, Dominican Republic, Ecuador, Guatemala, Guyana, Mexico, and Panama.

A total of six grants are available for the first cycle of the Changemaker Projects, three for Africa and three for Latin America.

The Projects are intended for individuals, be they:

- A person with lived experience of type 1 diabetes (priority group).
- A family member of a person living with type 1 diabetes (priority group).
- A community-centered health care professional with a clear interest in diabetes advocacy.
- A human rights practitioner with experience in the right to health.

Changemakers must be individuals - either a single person or the leader of a small, informal group. Organizations are not eligible to apply.

The Changemaker Projects are open to individuals at all stages of their advocacy journey and will help to build capacity for their endeavours through funding, mentoring, and networking opportunities.

Applications are due before 11:59pm UTC on 30th September 2023.

There are two ways to apply:

1. Through the [online form](#)
2. By completing the [application form](#) and sending it to: changemaker@lifeforachild.org

The Changemaker Projects are possible thanks to support from the Leona M. and Harry B. Helmsley Charitable Trust.

We acknowledge and thank [CLAN](#) (Caring & Living as Neighbours) for providing strategic guidance on the design of this program.

Life for a Child will announce the selected Changemakers on World Diabetes Day. November 14, 2023

Life for a Child Advocacy Background

At Life for a Child, we believe that access to diabetes care and human rights [are closely linked](#). This is what motivates us to carry out advocacy initiatives that will help both young adults and recipient countries achieve sustainability.

Together with [CLAN](#) (Caring & Living As Neighbours) and [Insulin for Life](#), we developed a [diabetes and human rights toolkit](#) and delivered two virtual advocacy workshops entitled 'Our Rights to Health' with the [African diabetes community](#) and the [Latin American diabetes community](#). Participants included people living diabetes and their families, health care professionals, and human rights practitioners. Workshop panelists provided key insights on the most pressing advocacy needs in their communities, shared lessons learnt from their own experiences in advocacy implementation and provided recommendations to participants looking to strengthen their own advocacy initiatives. Feedback revealed an eagerness from participants to embark on their own advocacy initiatives, but that constraints such as lack of funding and coordination were roadblocks.

Changemaker Projects

[The Changemaker Projects](#) will provide individuals affected by type 1 diabetes with funding and support to develop an advocacy initiative of their choosing. They are open to a diverse range of people, from those who want to develop their first advocacy project to well-established advocates who want to take their work to the next level.

Selected Changemakers will:

- be awarded with funds for a project of their choosing (up to \$4,000 USD).
- be matched with a regionally relevant one-on-one mentor who can provide guidance as an experienced T1D or NCD advocacy leader.
- participate in a roundtable gathering, where they can come together with other grantees to share key learnings, achievements, and feedback during their project cycle.
- be provided visibility and networking opportunities through Life for a Child's global partners.

Life for a Child will consider funding projects that fall into the following areas:

- Access to type 1 diabetes care
- Caregiver or lived-experience support
- Community-based support
- Type 1 diabetes awareness
- Family resource development
- Peer support
- Psychosocial impacts
- Meaningful involvement of young people living with type 1 diabetes
- Rights of the child or youth living with type 1 diabetes
- Stigma and anti-discrimination

Life for a Child will not consider funding the following projects that fall into the following areas:

- Clinical purposes
- Diabetes population screening
- Tuition for education or training
- Religious purposes
- Purchase of medical equipment or care
- Protests, boycotts, or demonstrations

Timeframe and Funding Specifications

Applications will open on 22nd August and close on 30th September 2023.

Within this timeframe, applications will be reviewed by Life for a Child staff and an external group of advocacy professionals.

The funding cycle will run from **December 2023 to December 2024**. Selected Changemakers will be awarded up to \$4,000 each during the 12-month project cycle. Selected Changemakers will receive three tranches of funds throughout the 12-month cycle, following completion of quarterly monitoring and evaluation forms, attending scheduled meetings with mentors, and presenting progress at a roundtable gathering.

Person-specific eligibility

Applicants must be an individual and **NOT** an organization and must either be:

- A person living with type 1 diabetes (priority group), family member of a person living with type 1 diabetes (priority group), A community-centered health care professional with a clear interest in diabetes advocacy, or A human rights practitioner with an interest in type 1 diabetes.

They must also:

- Be living within an African or Latin American country as specified in the **Geographic eligibility** table below.
- Be willing to collaborate with the diabetes center within their respective country as specified in the **Geographic eligibility** table below.
- Have strong language skills in either English, Spanish, or French.
- Be at least 18 years of age.
- Communicate the progress of their projects with their assigned mentor at regular intervals.

Geographic eligibility

Prospective applicants must be living in the following countries during the time of their application and for the duration of their advocacy project. Note, there will be no more than one successful application per country. The relevant Life for a Child partner is listed in the eligible countries below.

Africa			
Burkina Faso • CHU Yalgado	Ghana • Ghana National Diabetes Association and Ministry of Health • Sonia Nabeta Foundation and Sanford World Clinics • Komfo Anokye Teaching Hospital	Nigeria • Society for Paediatric and Adolescent Endocrinology in Nigeria, Lagos	Togo • Association Togolaise de Contrôle et Prévention du Diabète
Burundi • Ministry of Public Health and The Fight Against AIDS and Chronic NCDs Program	Kenya • Moi Teaching and Referral Hospital • Kenyatta National Hospital	Mauritania • Association Mauritanienne de Lutte Contre le Diabète	Uganda • East African Diabetes Study Group (EADSG)
Republic of Congo • Maison Bleue du Diabète • Diabaction	Liberia • Ganta United Methodist Hospital, Ganta • James Davies Junior Hospital, Monrovia • Jackson F. Doe Hospital, Tapita • ELWA Hospital, Monrovia	Rwanda • Rwanda Diabetes Association	Zimbabwe • Sally Mugabe Central Hospital
Djibouti • Centre du Jeune Diabétique de Djibouti	Mali • ONG Diabète Diabète, Bamako	Sierra Leone • The Holy Spirit Hospital, Makeni	
Ethiopia • Ethiopian Diabetes Association	Madagascar • Clinique du Diabète et Centre de Formation A.MA.DIA	Tanzania • Tanzania Diabetes Association	

Latin America

Bolivia

- Centro Vivir con Diabetes

Dominican Republic

- Fundación Aprendiendo a Vivir

Ecuador

- Fundación Diabetes Juvenil Ecuador
- Fundación Aprendiendo a Vivir con Diabetes
- Fundación los Fresnos

Guatemala

- Asociación Creciendo con Diabetes

Guyana

- Guyana Diabetes Association, Ministry of Public Health, Georgetown

Mexico

- Asociación Mexicana de Diabetes

Panama

- DiabetesLATAM and Club de Leones de Panama

*Note that applications are open to individuals residing in countries where Life for a Child operates. However, residents of certain African nations where Life for a Child operates are ineligible due to being considered high-risk jurisdictions for fund transfers.

What will strengthen an application?

Applicants are advised to incorporate a person- and community-centered approach when describing their projects. A selected Changemaker will be able to:

- Propose a realistic and measurable project that will help the type 1 diabetes community.
- Explain the need for the project, its goals, and its anticipated impact.
- Define an overall project budget and related project objectives and activities.
- Describe how they will monitor project implementation and progress.
- Explain the changes they expect to see at the end of the year-long funding cycle.
- Identify groups, organizations or individuals that may aid in the implementation and impact of the project.
- Determine the sustainability of their project and explain how it will continue benefitting the diabetes community in their setting.

What will Changemakers need to fulfill?

- Signing of an agreement with Life for a Child stipulating the terms of the project funding activities.
- Completing three Monitoring & Evaluation reports during the funding cycle (dates TBD) and submit these on time to Life for a Child staff.
- Join three (dates TBD) roundtable gatherings with fellow grantees and present the progress of their projects with the group.
- Present their final project at a virtual meeting in December 2024.



Final comments

Please send any questions to changemaker@lifeforachild.org

Apply using this [online form](#) or download the form [here](#) and return a completed application to changemaker@lifeforachild.org

Life for a Child will announce selected changemakers on World Diabetes Day. November 14th, 2023.