

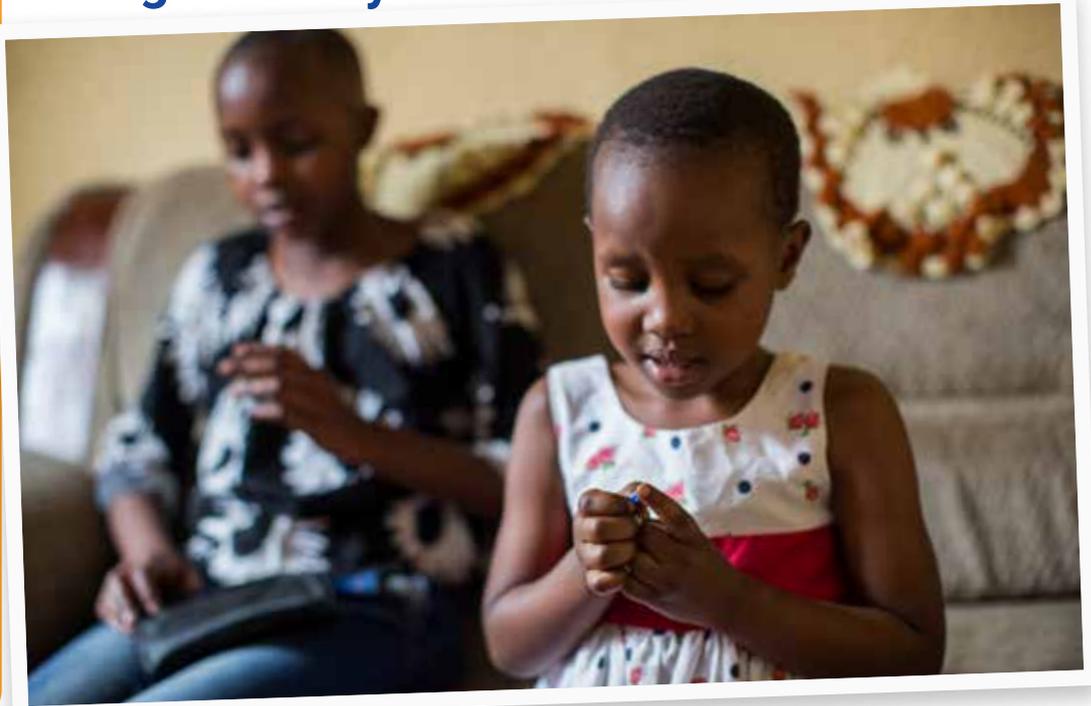


PROGRAM UPDATE ³⁹

Your generosity in action

VISION 2030

Vision 2030 is our 10-year plan to support more children and youth with type 1 diabetes, improve outcomes and encourage sustainability.



Vision 2030 is driven by three key aims

1 Support more young people in more countries.

Increase support from 23,000 young people in 43 countries to 150,000 young people in 65 countries by 2030.

2 Improve type 1 diabetes health outcomes.

Facilitate access to a wider range of management options and expand support for local partners.

3 Encourage local provision of type 1 diabetes care.

Implement research and evidence-based advocacy initiatives that encourage country-level sustainability.

This ambitious goal will see essential diabetes care provided to children and young people in some of the most vulnerable communities in the world and is only achievable because of the generous support of individual donors, fundraisers, local partners, and our industry and non-profit partners.

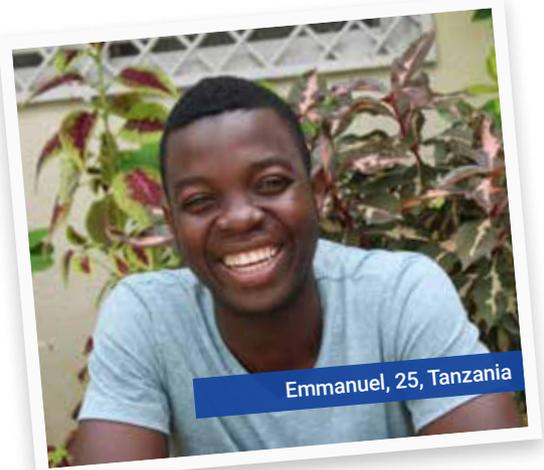
Emmanuel sends thanks from Tanzania

Emmanuel was diagnosed with type 1 diabetes at age 15, just a month after his brother passed away from complications of type 1.

Already orphaned and living with his aunt, he was rushed to hospital with DKA. After a month-long recovery in hospital, he was discharged to receive support from our local partner in Tanzania. There he had the opportunity to attend a youth camp, where he met other young people with type 1. Camp helped him adjust to his diagnosis. He said, "I left the camp feeling less lonely and more supported."

Emmanuel has since finished school, graduated from college, and is working as a lab technician. He plans to continue his studies at university and has a bright future ahead.

Your donations allow us to support young people like Emmanuel so that he doesn't have to worry so much about where his next vial of insulin will come from and can focus on their studies, friendships, and hobbies. Thank you.



Emmanuel, 25, Tanzania

François Gishoma

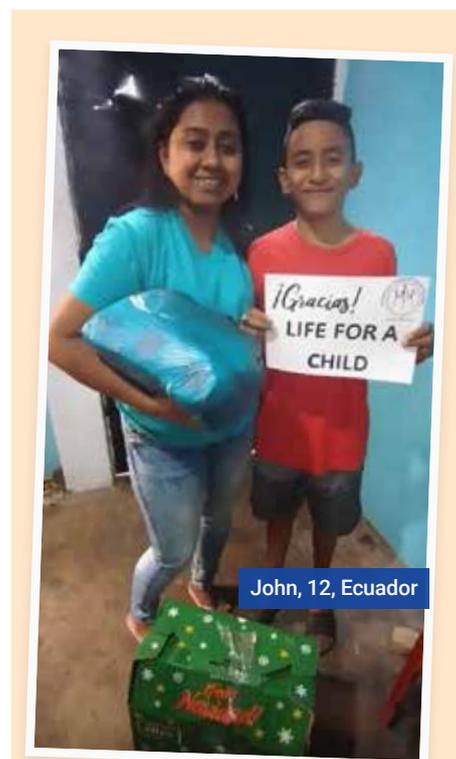
We were saddened to hear of the passing of François Gishoma, a wonderful local champion in Rwanda and giant of the diabetes community in Africa. François founded the Rwandan Diabetes Association with the objective of making diabetes supplies and services accessible and creating a space where people living with diabetes could meet.



Dr. Graham Ogle remembers the beginnings of the partnership after François reached out to the Life for a Child program in 2004:

“We agreed that Life for a Child would help with insulin for 25 young people and François would hold a regular clinic to distribute... Today we are providing full support to over 250 children and youth, and partial support to many more, and the Rwandan Diabetes Association is a leading light for associations in under-resourced countries.

François was an inspiring advocate, always striving to improve the lives of people living with diabetes. Our thoughts are with his eight children and family. His legacy lives on through the work of the Rwandan Diabetes Association, ably guided by his son, Crispin.”



John, 12, Ecuador

Meet John from Ecuador

John is 12 years old and lives in rural Ecuador. His family depends on his stepfather’s income but due to COVID-19, he’s been unemployed for some months. This has caused the family some hardship, however, with some extra support from Life for a Child they are managing to get by.

Thanks to donations from people like you John doesn’t need to worry about where his next vial of insulin or supply of blood glucose testing strips will come from as he has been supported by Life for a Child since 2019.

Spare a Rose

For the past 8 years, the Spare a Rose campaign has raised funds for Life for a Child. Each year the diabetes community comes together to take care of one another around the world.



“We are truly grateful for the Diabetes Online Community’s generous support for Life for a Child, through the incredible Spare a Rose, Save a Child initiative. To raise \$86,000 in what has been a difficult year for so many people is remarkable. The money raised will make a real difference in the lives of hundreds of children and youth living with diabetes, in under-resourced communities. Thank you.” Dr. Graham Ogle

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