

DIABETES IN CHILDREN AND YOUNG ADULTS KNOW THE WARNING SIGNS

KISUKARI KWA WATOTO NA VIJANA, ZIJUE DALILI ZAKE



Excessive thirst
Kiu kupita kiasi

Bed wetting
Kukojoa Kitandani

Lack of energy
Kuishiwa na Nguvu

Vomiting, dehydration, rapid deep breathing or coma (ketoacidosis) can occur - consider diabetes in any severely ill child or young adult.
Kutapika, kupungukiwa na maji mwilini, kupumua kwa shida (kwa haraka) au kupoteza fahamu kutokana (ketoacidosis) – Fikiria ugonjwa wa kisukari kwa mtoto au kijana yeyote aliye mgonjwa sana.

Frequent urination
Kwenda haja ndogo mara kwa mara

Weight loss
Kupungua Uzito

**If anyone shows these signs, check for diabetes immediately.
Treatment is urgent.**

**Ukiona hizi dalili, pima sukari haraka.
Chukua hatua za matibabu mapema.**



International
Diabetes
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