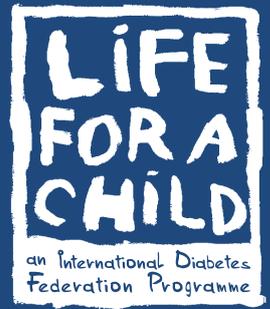


# LIFE FOR A CHILD WITH DIABETES

the International Diabetes Federation's child supporting programme



Update n° 27 | January 2015 | Hope triumphs in Liberia

Children with diabetes supported by LFAC in the Liberian capital Monrovia.



No child should die of diabetes



International Diabetes Federation

in partnership with

Diabetes NSW



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The IDF Life for a Child Programme would like to thank its major donors:



## LIBERIA

In the West African nation of Liberia, dedicated health professionals continue to provide support to children and youth with diabetes, despite the perils of Ebola. To date, over 3,496 people have died from Ebola in Liberia alone, in what the World Health Organization has called “the most severe acute public health emergency seen in modern times” (WHO, Sept 26 2014).

Schools remain closed as part of the Government initiative to stop the spread of the deadly disease – many do not have running water, making hygiene difficult. In the face of these dangers, the LFAC-supported clinics in the capital Monrovia and the regional centre of Ganta are providing compassionate care for young people with diabetes. In Monrovia, nurse Augustine Koryon from the International Rescue Committee, has maintained the clinic with help from doctors from JDJ Hospital – seeing the children each Saturday. In Ganta also, near the border with Guinea, the wonderful staff at the United Methodist Hospital are supplying insulin, meters and strips and diabetes education to the young people in their care.

## KENYA

Kenyatta National Hospital in Nairobi is the largest hospital in East Africa. Dr. Lucy Mungai and Nursing Sister Mary Mujomba lead the team that cares for a couple of hundred children and youth with diabetes.

Mortality rates have plummeted since the clinic was established a few years ago. Life for a Child assists this Hospital with insulin, blood glucose meter and test strips, and diabetes education. A diabetes camp was also recently held, arranged by the Parents’ group and supported by LFAC. There is the vision that this quality care will spread around Kenya, through the Government health service with the support of DiabetesKenya.



Young girl with her mother. They receive support through the Republican Endocrinology Centre in Tashkent & LFAC.



Tajik children with diabetes playing musical chairs during the education day.

## TAJIKISTAN

In November 2013, LFAC General Manager Dr Graham Ogle visited the Central Asian nation of Tajikistan, for a site visit of the Republican Endocrinology Centre in the capital Dushanbe. Tajikistan has received support from LFAC since 2011.

Dr. Ogle was accompanied by Dr. Gunduz Ahmadov, an expert paediatric diabetologist from Azerbaijan. They met with key doctors, did some teaching, and participated in an education day organised by Operation Mercy. Operation Mercy is an international NGO who introduced LFAC to Tajikistan, and coordinate the programme there. Care is steadily improving, aided by LFAC’s provision of insulin, blood glucose monitoring equipment, and equipment to measure HbA1c. Tajik education materials have also been published: a Diabetes Care Guide (complete with information on local foods), and a local version of the Professor Bumblebee DVD.

## LAST SIX MONTHS IN REVIEW

- ▶ LFAC now supporting over 15,000 children and youth with diabetes in 48 countries
- ▶ Amharic (Ethiopian) education resource page added to the LFAC Childhood Diabetes Education website, and Urdu version of “Professor Bumblebee’s Guide to Type 1 Diabetes” DVD finalised
- ▶ LFAC staff attended and presented papers at ISPAD 2014 in Toronto, Canada – 40th Anniversary
- ▶ Veerle Vanhuyse, 43 year old Belgian with T1D, competed in the New York Marathon, raising over €6,000 for LFAC
- ▶ LFAC “Clay Pot Olympics” study completed in Sudan, comparing temperature control of insulin in a variety of storage methods, including clay pots from various countries
- ▶ Association des Diabétiques en Centrafrique (A.D.C) in Central African Republic joins the Programme, along with additional centres in Ecuador (Cuenca), Mexico (Cancun), and the Republic of Congo (Impfondo)
- ▶ Site visits and teaching by international experts conducted in Ecuador, Guatemala, Malawi, Zimbabwe and Tanzania



Children and youth from Kenyatta National Hospital who receive LFAC support.

## THANK YOU FOR YOUR SUPPORT

*Programme Steering Committee:* Prof Martin Silink (Chairman), Dr. Graham Ogle (General Manager), Mr Sturt Eastwood (Co-Chairman and CEO, Diabetes NSW), Dr. Lilian Jackson (retired, ex Diabetes NSW).

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