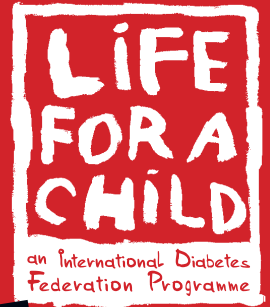


# LIFE FOR A CHILD WITH DIABETES

the International Diabetes Federation's child supporting programme



Update n° 25 | February 2014 | Saving lives through early diagnosis

## DIABETES IN CHILDREN AND YOUNG ADULTS KNOW THE WARNING SIGNS

በህፃናትና በወጣቶች ላይ የስኳር ህመም ይከሰታል።  
የማስጠንቀቂያ ምልክቶቹን ይወቁ።

- frequent urination**  
ቶሎ ቶሎ መሸናት
- excessive thirst**  
የማይረካ የውሀ ጥም
- bed wetting**  
አልጋ ላይ መልሶ መሸናት
- weight loss**  
ክብደት መቀነስ
- lack of energy**  
ድካም
- Vomiting, dehydration, rapid breathing or coma (ketoacidosis)**  
ሽቅብ ማለት፣ ከሰውነት የፈሰሰ ማለቅ፣ ቶሎ ቶሎ መተንፈስ ወይም ራሱን መሳት (ኬቶኦኒድ)

If anyone shows these signs, check for diabetes immediately.  
Treatment is urgent.

**No child should die of diabetes**



in partnership with  
International Diabetes Federation  
Australian Diabetes Council  
HOPE worldwide

**IN THIS UPDATE:**

<b>Awareness campaign</b>	<b>270 children in 17 sites</b>	<b>Expert workshops</b>
<b>DKA</b>	<b>NIGERIA</b>	<b>NEPAL</b>

The IDF Life for a Child Programme would like to thank its major donors:



**DIABETIC KETOACIDOSIS (DKA) AWARENESS CAMPAIGN**

Diabetic ketoacidosis is a life-threatening situation where blood glucose levels are very high due to insulin deficiency. It occurs if the diagnosis of diabetes is delayed, or if insulin injections are missed for a period, or if insufficient insulin is given at times of acute illness. The body becomes acidotic and dehydrated, and death can occur from shock or brain swelling. Many children and youth in developing countries die from ketoacidosis before underlying diabetes is diagnosed - the clinical findings they present with may be diagnosed as more common illnesses such as pneumonia, gastroenteritis, malaria or typhoid.

In response to this LFAC developed a global campaign, featuring a 6-icon poster, to alert health professionals to the signs and symptoms of diabetes in order to make a swift diagnosis and provide appropriate treatment to save lives. To date, 15 posters covering 18 languages are being widely distributed in 12 countries: Azerbaijan,



Ethiopian DKA poster in English and Amharic

Bangladesh, Ethiopia, Haiti, Ghana, Jamaica, Mali, Mauritania, Nepal, Nigeria, Rwanda, and Zimbabwe.



For further information on the campaign and access to the posters, visit: [www.lifeforachild.org/education-resources/dka-awareness](http://www.lifeforachild.org/education-resources/dka-awareness)

**NIGERIA**

Nigeria sits on the Gulf of Guinea in West Africa, and is the most highly populated country on the continent. In 2006 LFAC began supporting 15 children and youth receiving care through the Lagos University Teaching Hospital (LUTH). Numbers have since swelled to 270 in 17 sites around the country, thanks to the work of Dr Abiola Oduwole at LUTH and the network of young Nigerian paediatric endocrinologists. Dr. Ogle, LFAC General Manager, conducted a site visit in March 2013, and also gave a couple of talks at the Paediatric Endocrinology Training College for West Africa.



Kehinde, one of the children cared for in Lagos, Nigeria

**NEPAL**

Home to Mount Everest and the Himalayas, the South Asian nation of Nepal lies between Tibet, China and India. Life for a Child began work there in 2006, and today supports over 100 children and youth via Patan Hospital and Kanti Children's Hospital in the Kathmandu region, and the B.P Koirala Institute of Health Sciences in Dharan.

LFAC's extensive work is backed internationally by Diabeter NL (Netherlands) and Baystate Health (Massachusetts, USA). Both groups provided experts for a successful two-day LFAC/ISPAD 'Diabetes in Children' workshop coordinated by Dr. Buddhi Paudyal and Dr Holley Allen for local health professionals in October 2013. Discussions are underway with hospitals in two other regional cities following site visits made by the Dutch and US teams, with the ultimate aim to have expert centres accessible to all Nepalese children with diabetes.



Three boys at Kanti Children's Hospital, who receive support from LFAC

**OTHER HIGHLIGHTS: AUGUST – DECEMBER 2013**

- ▶ LFAC support commenced in Bangalore and Belgaum in India, and the Philippine Society of Endocrinology & Metabolism joined the Programme
- ▶ Urdu and Sindhi education resource pages added to the LFAC Childhood Diabetes Education website
- ▶ LFAC staff presented papers at the Annual Scientific Meetings for the Australian Diabetes Society and the Australasian Paediatric Endocrine Group (APEG), and ISPAD's 39th Annual Conference in Gothenburg, Sweden
- ▶ At the IDF World Diabetes Congress in Melbourne, LFAC met with 27 LFAC-supported centres, hosted several key meetings for donors and centres, and held an Education Symposium launching the LFAC/ISPAD Pocketbook for the Management of Diabetes in Childhood and Adolescence in Under-Resourced Countries
- ▶ Site visits and teaching by LFAC and other international experts conducted in Mexico, Philippines, and also Ecuador - where Dr Henry Rodriguez, a Professor of Pediatrics from Tampa, Florida, attended FDJE's Campo Amigo held in Cumbaya and FUVIDA's Salinas Camp.



A gathering of Life for a Child centres at IDF World Diabetes Congress (Melbourne) in December

**THANK YOU FOR YOUR SUPPORT**

Programme Steering Committee: Prof Martin Silink (Chairman), Dr. Graham Ogle (General Manager), Mr Sturt Eastwood (Co-Chairman and CEO, Australian Diabetes Council (ADC)), Dr. Lilian Jackson (Principal Health Strategy Executive, ADC).

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